NEVE. Anno Domini 1667.

A New ALMANACK and Prognostication, for the year of our Lord and Saviour Jesus Christ, 1667.

Being the third year after the Bissextile, or Leap-year.

Wherein is contained a Double Kalender, *viz.* the *Julian* or English Accompt, and the *Gregorian* and Forraign Computation, with the Change of the Moon, her Full and Quarters, and time of the Eclipses, and other necessary Observations convenient to be noted.

Calculated and exactly rectified for the Elevation of the Pole Artick, and Meridian of the Antient and famous City of *Norwich*, and may serve generally for the most part of Great *BRITTAIN*.

By *ROBERT NEVE*, Gent.

The sixty seventh Edition.

LONDON, Printed by *R. I.* for the Company of *STATIONERS*. 1667.

Anno Domini 1667

The Golden Number	15
The Cycle of the Sun	24
The Epact	5
The Dominical Letter	F
Shrove-sunday	Febr. 19
Easter-day	Apr. 7
Whit-sunday	May 26
Advent-sunday	Decemb. 1

Times prohibiting marriage this year.

MArriage comes in on the 13 of January, and by Septuagesima-sunday, it is out again until Low-sunday; at which time it comes in again, and goes no more out till Rogation-sunday: From whence it is forbidden again until Trinity-sunday; from thence it is unforbidden till Advent-sunday. But then it goes out, and comes not in again until the 13 day of January next after.

Of the Suns entrance into the four Cardinal Signs.

THe Sun enters Aries this year on the 9 day of March 23 h. 36.′ p. m.

He enters Cancer on the 11. day of June, at 2. h. 25.′ p. m.

He enters into Libra on the 12. day of September, 17. h. 33.′ p. m.

He enters Capricorn on the 11. day of December, 5. h. 16.′ p. m.

Hæc duo Solstitium faciunt, Cancer, Capricornus:
Sed noctes æquant Aries, & Libra diebus.

A brief and necessary Computation of years.

From the Creation of the World to this present	5676
From the Creation to the Flood	1658
From the Flood to Christ	2338
from Moses to Christ	1516
The promised Seed of Abraham	3594
The Israelites parted out of Egypt	3164
The Destruction of Troy	2847
Brute entred Britains Island	2774
The building of the Temple of Solomon	2884
The building of the City of Rome	2419
Nebuchadnezzar the King	2414
Alexander the Great died	1991
Julius Cæsar was slain with both kins	1716
The happy birth of our Saviour Christ	1667
Jerusalem was destroyed by Titus Vespasian	1485
England first received the Christian Faith	1485
The Danes entred England	646
The Conquest of England	601
The invention of Printing	207
King Henry the Eighth won Bolloyn	124
Kents Rebellion at Norwich	119
The infectious Sweating Sickness	110
St. Pauls Steeple fired	106
The great Plague at New Haven	98
The blazing Star, and Frosty Winter	95
The first Apparition in the Heavens	93
The deep Snow	87
The general Earth-quake in England	86
The Camp at Tilbury in Essex	79
The Powder-Treason	62
Suttons Hospital founded	53
The last Blazing Star	48
The Downfal in Black-Friars	45
The last great Plague	42
The Fire on London Bridge	35
The Fight at Edge-Hill, Octob. 23.	25
The Fight at Nasby, June 14	22
King Charles the second returned	7
The three Blazing Stars	3
The great Plague, wherof dyed near 100000.	2

THE ANATOMIE Of the Body of Man;

As the Parts thereof are Governed by the 12 Constallations of *Stars* in the *Zodiack*:

Or rather by the MOON passing through the same.

CONSTELLATIONS.

The Characters of the Planets, and their Aspects.

♄ Saturn. ♃ Jupiter. ♂ Mars. ☉ The Sun. ♀ Venus. ☿ Mercury. ☽ Moon increasing ☾ Moon decreasing. ☌ Conjunction ☍ Opposition. □ Quartile. △ Trine. ✶ Sextile ☊ Caput Draconis. ☋ Cauda Draconis

If thou be sick, and help wouldst have,
The Counsel of the learned crave;
If thou have health, to keep thee so,
Fly Idleness as deadly foe.

1	g	New years day.	heart	11	d
2	a		heart	12	e
3	b		bowels	13	f
4	c		bowels	14	g
5	d		reins	15	a
6	e	Twelf day	reins	16	b
7	f		reins	17	c
8	g		secrets	18	d
9	a	Sun in Aquar.	secrets	19	e
10	b		thighs	20	f
11	c		thighs	21	g
12	d		knees	22	a
13	e	Hilary Episc.	knees	23	b
14	f		legs	24	c
15	g		legs	25	d
16	a		feet	26	e
17	b		feet	27	f
18	c		feet	28	g
19	d		head	29	a
20	e	2 sund. Epiph.	head	30	b
21	f		neck	31	c
22	g		neck	1	d
23	a	Term begins	neck	2	e
24	b		arms	3	f
25	c	Conver. S. P.	arms	4	g
26	d		breast	5	a
27	e	3 sund. Epiph.	breast	6	b
28	f		heart	7	c
29	g		heart	8	d
30	a	K. Charls Mar.	heart	9	e
31	b		bowels	10	f

Last quarter the 7 day, at 9 morning.

New Moon the 14 day, at 7 morning.

First quarter the 22 day, at 4 morning.

February. 1667

Full Moon the 29 day, at 9 at night.

Be choice of food in any wise
To keep thee warm also precise.
Beware no Surgeon let thee blood
Unless the Learned think it good.

1	D		greins	11	g	Last quarter the 5
2	E	Purifi. S. Mar.	greins	12	a	day, at 5 afternoon.
3	F	Candl. Purif.	secrets	13	b	
4	G		secrets	14	c	
5	A		thighs	15	d	
6	b		thighs	16	e	
7	C		knees	17	f	New Moon the 12
8	D	Sun in Pisces	knees	18	g	day, at 10 at night.
9	E	Octab. Purif.	knees	19	a	
10	F	Septuagesima	legs	20	b	
11	G		legs	21	c	
12	A	Term ends	feet	22	d	
13	b		feet	23	e	First quarter the 21
14	C	Valentine	head	24	f	day, at 1 in the
15	D		head	25	g	morning.
16	E		head	26	a	
17	F	Shrove Sunday	neck	27	b	
18	G		neck	28	c	
19	A	Shrove Tuesd.	arms	1	d	March 1667.
20	b		arms	2	e	
21	C		arms	3	f	
22	D		breast	4	g	
23	E		breast	5	a	
24	F	S. Matthias Ap.	heart	6	b	Full Moon the 28
25	G		heart	7	c	day, at 10 in the
26	A		heart	8	d	morning.
27	b		bowels	9	e	
28	C		bowels	10	f	

Now Bleed and Bathe if thou desire,
And Purge, also if need require:
Ill humours in in many breed,
Provide in time before thou need.

1	D	David Bishop	reins	11	g	Last quarter the 7
2	E		reins	12	a	day, at 2 morning.
3	F	2 Sun. in Lent	secrets	13	b	
4	G		secrets	14	c	
5	A		thighs	15	d	
6	B		thighs	16	e	
7	C	Perpetua	knees	17	f	
8	D		knees	18	g	
9	E		knees	19	a	
10	F	Sun in Aries	legs	20	b	New Moon the 14
11	G		legs	21	c	day, at 2 afternoon
12	A	Gregory	feet	22	d	
13	B		feet	23	e	
14	C		head	24	f	
15	D		head	25	g	First quarter the
16	E		head	26	a	22 day, at 7 even
17	F	Mid Lent sun	neck	27	b	ing.
18	G		neck	28	c	
19	A		arms	29	d	
20	B	Cuthbert	arms	30	e	
21	C		arms	31	f	
22	D		breast	1	g	April. 1667.
23	E		breast	2	a	
24	F	5 Sun. in Lent	heart	3	b	
25	G	Annun. S. Mary	heart	4	c	
26	A		bowels	5	d	
27	B		bowels	6	e	Full Moon the 29
28	C		reins	7	f	day, at 7 at night.
29	D		reins	8	g	
30	E		secrets	9	a	
31	F	Palm Sunday.	secrets	10	b	

Now wholsome Bathes thou maist frequent,
Let Blood also, and not repent:
Those be good means, thee to defend
From Griefs, the which on thee attend.

1	g	Theodore.	secrets	11	c	
2	a		thighs	12	d	
3	b		thighs	13	e	Last quarter the 5
4	c		knees	14	f	day, at 10 morning
5	d		knees	15	g	
6	e		legs	16	a	
7	f	Easter day	legs	17	b	
8	g		feet	18	c	
9	a		feet	19	d	New Moon the 13
10	b	Sun in Tau.	head	20	e	day, at 7 morning.
11	c		head	21	f	
12	d	Apollonius	head	22	g	
13	e		neck	23	a	
14	f	Low Sunday	neck	24	b	
15	g		arms	25	c	First quarter the 21
16	a		arms	26	d	day, at 9 morning.
17	b		arms	27	e	
18	c		breast	28	f	
19	d		breast	29	g	
20	e		heart	30	a	
21	f		heart	1	b	May. 1667.
22	g		heart	2	c	
23	a	S. George	bowels	3	d	
24	b	Term begins	bowels	4	e	
25	c	S. Mark Evang.	reins	5	f	
26	d		reins	6	g	Full Moon the 28
27	e		secrets	7	a	day, at 3 morning.
28	f		secrets	8	b	
29	g		thighs	9	c	
30	a	Dep. Erkm.	thighs	10	d	

Rise early now this month of May,
And walk the fields that be so gay;
From surfeiting see thou refrain,
For soon it will procure thy pain.

1	b	S. Phil. & Jacob	knees	11	ℓ	
2	c		knees	12	f	
3	d	Invent. Crucis.	legs	13	g	Last quarter the 4
4	e		legs	14	a	day, at 9 at night.
5	f		feet	15	B	
6	g	Joh. Port. Lat.	feet	16	c	
7	a		feet	17	d	
8	b		head	18	e	
9	c		head	19	f	New Moon the 12
10	d		neck	20	g	day, at 11 at night.
11	e	Sun in Gemini.	neck	21	a	
12	f		neck	22	B	
13	g	Servatius.	arms	23	c	
14	a		arms	24	d	
15	b		breast	25	e	
16	c	Ascension day	breast	26	f	First quarter the 20
17	d		breast	27	g	day, at 7 evening.
18	e		heart	28	a	
19	f		heart	29	B	
20	g	Term ends	bowels	30	c	
21	a		bowels	31	d	
22	b		reins	1	e	June. 1667.
23	c		reins	2	f	
24	d		secrets	3	g	
25	e		secrets	4	a	
26	f	Whitsunday	thighs	5	B	Full Moon the 27
27	g		thighs	6	c	day, at 10 morning.
28	a		knees	7	d	
29	b	K. Ch. 2d N. R.	knees	8	e	
30	c		legs	9	f	
31	d	Petronella.	legs	10	g	

Drink new or sweet, taste not at all,
For thereby grows no danger small:
And to thy self such pastime take,
As may in God thee merry make.

1	e		legs	1	a	Last quarter the 3	
2	f	Trinity sunday	feet	12	b	day, at 10 morning.	
3	g		feet	13	c		
4	a		head	14	d		
5	b		head	15	e		
6	c		neck	16	f		
7	d	Term begins	neck	17	g		
8	e		neck	18	a		
9	f	1. Sun. aft. Trin.	arms	19	b	New Moon the 11	
10	g		arms	20	c	day, at 1 afternoon	
11	a	S. Barnabas A.	arms	21	d	☉ Eclipsed invisible.	
12	b	Sun in Cancer	breast	22	e		
13	c		breast	23	f		
14	d		heart	24	g		
15	e		heart	25	a		
16	f	2 Sun. aft. Trin.	bowels	26	b		
17	g		bowels	27	c	First quarter the 19	
18	a		bowels	28	d	day, at 2 morning.	
19	b		reins	29	e		
20	c		reins	30	f		
21	d		secrets	1	g	July. 1697.	
22	e		secrets	2	a		
23	f	3 Sun. aft. Tri.	thighs	3	b		
24	g	S. John Bapt	thighs	4	c		
25	a		knees	5	d		
26	b	Term ends	knees	6	e	Full Moon the 25	
27	c		legs	7	f	day, at 6 evening	
28	d		legs	8	g		
29	e	S. Peter Apost.	feet	9	a		
30	f	4 Sun. aft. Trin.	feet	10	b		

Perfume thy house with savours sweet,
But such as are for purpose meet:
Abroad as thou in streets do'st go,
Defend thy self from stinks also.

u		head	21	c	Last quarter the 3
a	Visit Mar.	head	22	d	day, at 1 morning.
b		head	23	e	
c		neck	24	f	
d		neck	25	g	
e		arms	26	a	
f	5 Sun. aft. Trin.	arms	27	b	
g		arms	28	c	
a		breast	29	d	New Moon the 11
b		breast	30	e	day, at 3 morning.
c		heart	31	f	
d		heart	32	g	
e		heart	33	a	
f	6 Sun. aft. Tri	bowels	34	b	
g		bowels	35	c	First quarter the
a		reins	36	d	18 day, at 8 morn-
b		reins	37	e	ing.
c		secrets	38	f	
d	Dog daies be	secrets	39	g	
e		thighs	40	a	
f	7 Sun. aft. Tri	thighs	41	b	
g		knees	42	c	August. 1671
a		knees	43	d	
b		legs	3	e	
c	S. James Apost	legs	4	f	
d		feet	5	g	
e		feet	6	a	Full Moon the 25
f	8 Sun. aft. Trin.	feet	7	b	day, at 3 morning.
g		head	8	c	
a		head	9	d	
b		neck	10	e	

As burning heat will thee deſtroy,
So ſhivering cold will thee annoy;
Let little ſleep thee now content,
Purge not, nor bleed, leſt thou repent.

1	g	Lammas day	neck	11	f	Laſt quarter the 1
2	a		neck	12	g	day, at 6 evenning.
3	b		armes	13	a	
4	c	9 Sun. aft. Trin	armes	14	b	
5	d		breaſt	15	c	
6	e		breaſt	16	d	
7	f		breaſt	17	e	
8	g		heart	18	f	
9	a		heart	19	g	New Moon the 9
10	b		bowels	20	a	day, at 3 afternoon.
11	c	10 Sun. af. Tri.	bowels	21	b	
12	d		reins	22	c	
13	e	Sun in Virgo	reins	23	d	
14	f		ſecrets	24	e	
15	g		ſecrets	25	f	
16	a		thighs	26	g	First quarter the 16
17	b		thighs	27	a	day, at 2 afternoon
18	c	11 Sun. aft. Tri.	knees	28	b	
19	d		knees	29	c	
20	e		knees	30	d	
21	f		legs	31	e	
22	g		legs	1	f	eptember. 1667.
23	a		feet	2	g	
24	b	S. Barth. Apoſt.	feet	3	a	Full Moon the 23
25	c	12 Sun. aft. Tri	head	4	b	day, at 1 afternoon
26	d		head	5	c	
27	e	Dog dayes end	neck	6	d	
28	f		neck	7	e	Laſt quarter the 31
29	g		neck	8	f	day, at noon.
30	a		armes	9	g	
31	b		armes	10	a	

Raw Fruit (though ripe) may ſickneſs bring;
Unripe much eaten, a dangerous thing;
If thou a Surfeit now do'ſt take,
When others ſleep, then thou muſt wake.

1	f	13. Sun. aft. Tri.	arms	11	♏	
2	g		breaſt	12	c	
3	a		breaſt	13	d	New Moon the 8
4	b		heart	14	e	day, at 2 morning.
5	c		heart	15	f	
6	d		bowels	16	g	
7	e		bowels	17	a	
8	f	14 Sunday Trin.	reins	18	♏	
9	g		reins	19	c	First quarter the 14
10	a		ſecrets	20	d	day, at 8 at night.
11	b		ſecrets	21	e	
12	c		ſecrets	22	f	
13	d	Sun in Libra	thighs	23	g	
14	e		thighs	24	a	
15	f	15. Sun. aft. Tri.	knees	25	♏	Full Moon the 23
16	g		knees	26	c	day, at 3 morning.
17	a		legs	27	d	
18	b		legs	28	e	
19	c		feet	29	f	
20	d		feet	30	g	
21	e	S. Matthew Ap	head	1	a	October. 1667.
22	f	16. Sun. af. Tri.	head	2	♏	
23	g		head	3	c	
24	a		neck	4	d	
25	b		neck	5	e	
26	c		arms	6	f	Laſt quarter the 30
27	d		arms	7	g	day, at 7 morning.
28	e		arms	8	a	
29	f	S Michael Arch	breaſt	9	♏	
30	g		breaſt	10	c	

October hath xxxj. daies.

Warm clothes must now provided be,
Also warm meats are good for thee:
Have good regard thy feet be dry,
Thou shalt avoid much harm thereby.

1	a	Remignis	heart	11	d	
2	b		heart	12	e	
3	c		heart	13	f	New Moon the 7 day, at noon.
4	d		belly	14	g	
5	e		belly	15	a	
6	f	18 Sun. af. Tri.	reins	16	b	
7	g		reins	17	c	
8	a		secrets	18	d	
9	b		secrets	19	e	First quarter the 14 day, at 4 morning.
10	c		thighs	20	f	
11	d		thighs	21	g	
12	e		knees	22	a	
13	f	Sun in Scorpio	knees	23	b	
14	g		legs	24	c	
15	a		legs	25	d	
16	b		feet	26	e	Full Moon the 21 day, at 8 at night.
17	c		feet	27	f	
18	d	S. Luke Evang.	feet	28	g	
19	e		head	29	a	
20	f	20 Sun af. Tri	head	30	b	
21	g		neck	31	c	
22	a		neck	1	d	November. 1667.
23	b	Term begins	neck	2	e	
24	c		arms	3	f	
25	d		arms	4	g	
26	e		breast	5	a	
27	f	21 Sun af. Tri.	breast	6	b	Last quarter the 29 day, at midnight.
28	g	S. Sim. & Jude.	breast	7	c	
29	a		heart	8	d	
30	b		heart	9	e	
31	c		belly	10	f	

It Rheums do now moleſt thy head,
It is not ill to ſweat in bed:
Feed on good meats if ſtomack ſerve,
Elſe ſeek for that which doth preſerve.

1	D	All Saints	bowels	11	g	
2	e		reins	12	a	
3	f	22 Sun. af. Tri.	reins	13	b	New Moon the 5
4	g		ſeeret⁹	14	c	day, at 10 at night.
5	a	Powder Treaſ.	ſecrets	15	D	
6	b		thighs	16	e	
7	c		thighs	17	f	
8	D		knees	18	g	
9	e		knees	19	a	First quarter the
10	f	23 Sun. af. Tri.	legs	20	b	12 day, at 3 after-
11	g		legs	21	c	noone.
12	a	Sun in Sagitta⁹	legs	22	D	
13	b		feet	23	e	
14	c		feet	24	f	
15	D		head	25	g	
16	e		head	26	a	Full Moon the 20
17	f	25 Sun. aft. Tri.	neck	27	b	day, at 3 afternoon.
18	g		neck	28	c	
19	a		neck	29	D	
20	b	D Eclips'd in	arms	30	e	
21	c	viſible.	arms	1	f	December. 1667
22	D		breaſt	2	g	
23	e		breaſt	3	a	
24	f	24 Sun. af. Tri.	breaſt	4	b	
25	g		heart	5	c	
26	a		heart	6	D	Laſt quarter the
27	b		bowels	7	e	28 day, at 3 after
28	c	Term ends	bowels	8	f	noon.
29	D		bowels	9	g	
30	e	S. Andrew Apo.	reins	10	a	

Now cold December is come in,
And Poor Man's back is clothed thin;
Feed and cloathe them as you may,
The Lord will it three fold repay.

1	f	1 sund. aft. Adv.	reins	11	b		
2	g		secrets	12	c	New Moon the 5	
3	a		secrets	13	d	day, at 9 morning.	
4	b		thighs	14	e		
5	c		thighs	15	f		
6	d		knees	16	g		
7	e		knees	17	a		
8	f	2 sun aft. Adv.	legs	18	b	First quarter the 12	
9	g		legs	19	c	day, at 6 morning.	
10	a		feet	20	d		
11	b	Sun in Capric	feet	21	e		
12	c		head	22	f		
13	d		head	23	g		
14	e		head	24	a		
15	f	3 Sun. aft. Adv.	neck	25	b		
16	g		neck	26	c	Full moon the 20	
17	a		arms	27	d	day, at 10 morning.	
18	b		arms	28	e		
19	c		arms	29	f		
20	d		breast	30	g		
21	e	S. Thom. Apost.	breast	31	a		
22	f	4 Sun aft. Adv.	heart	1	b	January. 1667.	
23	g		heart	2	c		
24	a		heart	3	d		
25	b	Christ Nativ.	bowels	4	e		
26	c	S Stephen	bowels	5	f	Last quarter the 28	
27	d	S. John	reins	6	g	day, at 4 morning.	
28	e	S. Innocents	reins	7	a		
29	f		secrets	8	b		
30	g		secrets	9	c		
31	a		thighs	10	d		

NEVE. 1667.

A PROGNOSTICATION, Serving for the Year of our Lord God and Saviour Jesus Christ 1667.

Wherein you may observe the grounds of the alteration and condition of the four Quarters of this year: As also the disposition of the air, for each several month, according to the inclination of the Moon, her full, and Quarters, and the time of the Eclipses, with other things fit to be known and observed.

Calculated, and especially referred to the Longitude and Elevation of the Pole Artick, of the ancient and famous City of *Norwich*, and may serve generally for all *England*.

Collected, Composed and Published by *Rob. Neve* Gent.

Annually Collected by the *A*uthor and his Father, from an. 1600. to this present year, 1667.

London, Printed by *P. Lillicrap* for the Company of Stationers, 1667.

A PROGNOSTICATION,

Serving for the Year of our Lord God and Saviour Jesus Christ 1667.

Wherein you may observe the grounds of the alteration and condition of the four Quarters of this year. As also the disposition of the air, for each several month, according to the inclination of the Moon, her full, and Quarters, and the time of the Eclipses, with other things fit to be known and observed.

Calculated, and especially referred to the Longitude and Elevation of the Pole Artick, of the ancient and famous City of *Norwich*, and may serve generally for all *England*.

Collected, Composed and Published by *Reb. Neve* Gent.

Annually Collected by the Author and his Father, from an. 1600. to this present year, 1667.

Lincoln, Printed by *P. Lillicrap* for the Company of Stationers, 1667.

Brief and necessary Rules for the beginning and ending of the four Terms, with their Returns.

Hillary Term begins January 23. and ends February 13. and hath four Returns.

Octab. Hilar. Janu. 2.	Craſt. Purif. Febr. 3.
Quind. Hilar. Jan. 29.	Octab. Purif. Febr. 11.

Easter Term begins 17 dayes after Easter, and ends four dayes after Aſcenſion day, and hath five Returns.

Quind. Paſch. April 22.	
Tres Paſch. April 29.	Quind. Paſch. May 13.
Menſe Paſch. May 6.	Craſt. Aſcen. May 17.

Trinity Term begins the Friday after Trinity ſunday, and ends the Wednesday forthnight after, and hath four Returns.

Craſt. Trin. June 3.	Quind. Trin. June 17.
Octab. Trin. June 10.	Tres Trin. June 25.

Michaelmas Term begins October 23. and ends the 28. of November, and hath six Returns.

Tres Mich. Octobr 21.	Craſt. Mart. Novemb. 12.
Menſe Mich. Octob. 29.	Octab. Mart. Novemb. 19.
Craſt. Anim. Novemb. 4.	Quind. Mart. Nove. 26.

Note that the Exchequer openeth 8 dayes before every Term begins, except Trinity Term, in which it openeth only four dayes before.

On theſe dayes following, the Judges ſit not at Weſtminſter

{Hillary / Easter / Trinity / Michael} Term, on {Candlemas / Aſcenſion / Midſummer / Alholland} Day.

A most plain and easie Table, shewing the true time of the beginning, continuance, and years since the Reign of each King and Queen in England, from the Conquest, until this year 1667. collected forth of Chronicles, and set forth for the profitable use of, Lawyers, Scriveners, &c.

The Kings Names.	Began their Reign.	Reigned years, mon. da.	Since their Reign.
Wl. Conq.	1066 Oct. 15.	20 y 11 m 32 d	600 Sept 5
Wl. Rufus.	1087. Sept. 9.	12 y 11 m 19 d	579 Aug 1
Henry 1.	1100. Aug. 1.	35 y 4 m 1 d	566 Dec 2
Stephen.	1135. Dec. 2.	18 y 11 m 18 d	531 Oct 25
Henry 2.	1154 Oct. 25.	34 y 9 m 1 d	512 July 6
Richard 1.	1189 July 6.	9 y 9 m 0 d	477 Apr 6
King John.	1199 April 6.	17 y 7 m 0 d	467 Oct 19
Henry 3.	1216 Oct. 19.	56 y 1 m 0 d	450 Nov 19
Edward 1.	1272 Nov. 16	34 y 8 m 6 d	394 July 7
Edward 2.	1307 July 7.	19 y 7 m 5 d	359 Jan 25
Edward 3.	1326 Jan. 25	50 y 5 m 7 d	340 June 21
Richard 2.	1377 June 21	22 y 3 m 14 d	288 Sept 29
Henry 4.	1399 Sept. 29	13 y 6 m 3 d	267 Mar 10
Henry 5.	1412 Mar. 20	9 y 5 m 24 d	254 Aug 31
Henry 6.	1422 Aug. 31	38 y 6 m 1 d	244 Mar 4
Edward 4.	1460 Mar. 4	22 y 1 m 8 d	206 Apr 9
Edward 5.	1483 April 9	0 y 2 m 18 d	183 June 27
Richard 3.	1483 June 22	2 y 2 m 5 d	183 Aug 22
Henry 7.	1485 Aug. 22	23 y 10 m 7 d	181 Aug 22
Henry 8.	1509 April 22	37 y 10 m 2 d	157 April 22
Edward 6.	1547 Jan. 28	6 y 5 m 19 d	119 July 6
Queen Ma	1553 July 6	5 y 4 m 22 d	112 Nov 17
Queen Eliz	1558 Nov. 17	44 y 4 m 16 d	108 Mar 24
King James	1602 Mar. 24	22 y 0 m 3 d	64 Mar 25
K. Ch. 1.	1625 Mar 24	23 y 10 m 3 d	41 Jan 30
K. Ch. 2.	1648 Jan. 30.	whom God grant long to Reign.	

Of Eclipses which shall happen this present Year of our Lord God, 1667.

Of which, one of the moon will be visible, at the latter end in our Horizon the 20th. of November in the Meridian of York, at 46. min. past 4. after Sun-but the beginning & middle of this Eclipse cannot be seen by us, because the Moon will be uarisen. Some argue by this Syllogisme, that the Sun and Moon be more hid in the night, than in an Eclipse; but their nightly obscurations cause no great effects; Ergo eclipses non habent co-effectus mirabiles, therefore Eclipses work not such strange effects as some talk of. I have not room to answer this, but shall afterwards according to the Doctrine of the Art, that an Eclipse in a dry sign, brings Winds, Seditions, and Pestilence, Dearth and cruell Sickness. This is in the asterism Gemini of the airy triplicity, and therefore threatens London, and all under Gemini: but the latter end being only seen, the effects may come to operate but only in part; which God grant.

The great conjunctions of great Stars;
The Eclipse of Sun and Moon,
Both threat great death, and wars,
If we repent not soon.
Now God above, and wrath above,
And Heaven above relent,
And man beneath, and sin beneath,
And earth beneath repent.

A plain and easie Table shewing the true interest due upon any summe of money from five shillings to an hundred pounds for a year or under, after the rate of six pounds in the hundred.

	1 Mon.			3 Mon.			6 Mon.			9 Mon			A year		
	lb.	p.	q.	sh.	p.	q	lb.	p.	q	lb.	p.	q.	lb.	p.	q
Shill.	5	0	8	1	0	0	3	0	1	3	0	2	2	0	3
	10	0	0	2	0	1	3	0	3	2	0	5	2	0	7
	15	0	0	3	0	2	2	0	5	1	0	8	2	0	10
Pounds.	1	0	1	0	0	3	2	0	7	0	0	10	2	1	2
	2	0	2	1	0	7	0	1	2	1	1	9	1	2	4
	3	0	3	2	0	10	2	1	9	1	2	7	3	3	6
	4	0	4	3	1	2	1	2	4	2	3	6	3	4	9
	5	0	6	0	1	6	0	3	0	0	4	6	0	6	0
	6	0	7	0	1	9	2	3	7	0	5	4	2	7	2
	7	0	8	1	2	1	0	4	2	1	6	3	1	8	4
	8	0	9	2	2	4	2	4	9	1	7	1	3	9	6
	9	0	10	3	2	8	1	5	4	2	8	0	3	10	9
		po.	sh.	p.	po.	sh.	p.	po.	sh.	p.	po	sh.	p.	po.	sh.
Tens of Pounds.	10	0	1	0	0	3	0	0	6	0	0	9	0	0	12
	20	0	2	0	0	6	0	0	12	0	0	18	0	1	4
	30	0	3	0	0	9	0	0	18	0	1	7	0	1	16
	40	0	4	0	0	12	0	1	4	0	1	16	0	2	8
	50	0	5	0	0	15	0	1	10	0	2	5	0	3	0
	60	0	6	0	0	18	0	1	16	0	2	14	0	3	12
	70	0	7	0	1	1	0	2	2	0	3	3	0	4	4
	80	0	8	0	1	4	0	2	8	0	3	12	0	4	16
	90	0	9	0	1	7	0	2	14	0	4	1	0	5	8
	100	0	10	0	1	10	0	3	0	0	4	10	0	6	0

Some

Some brief Rules for Husbandry and Gardening.

The best time to sow all kind of Corn, is when the Moon is in Cancer.

The best time to plant and graft, is in the increase of the Moon, she being in Taurus, Virgo, or Capricornus.

Remove and set young Trees from October till February, in the first quarter of the Moon, she being in Taurus or Capricornus.

Crop Trees and fell wood, that the stock may the sooner and sooner grow again, when the Moon is in the first quarter.

Fell Timber in December and January, in the old of the Moon is best; but if you would have it grow again, cut it down in the new of the Moon.

The best time to cut Vines, is in the end of January, in February, and in the beginning of March, the Moon increasing in Taurus, Virgo, or Capricornus.

Cut hedges between the change and full, from the end of January, till the beginning of June.

Set and sow all kind of seeds, the Moon being in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: But the seeds whose roots be round, must be sown three or four dayes before or after the full Moon.

Gather all manner of fruits near the full Moon, in dry time, gather flowers, and seeds for store, at the full of the Moon.

Geld Cattel, the Moon being in Aries, Sagitaris, Capricornus: Shear Sheep, cut hair that it may grow the sooner again, the Moon increasing, that is from the change to the full.

To muck your Land, that weeds may not abound, is best in the last quarter of the Moon.

A fit time to kill fat Swine, is in the increase nigh

the full of the Moon, the land will the better endure the boyling.

Destroy Weeds, Warts, and Corns, &c. in the last quarter of the Moon.

Brief Rules, and necessary Observations concerning Bleeding, Bathing, Purging, and Sweating, according to the motions of the Moon.

Of Bleeding.

When the weather is extreme hot or cold, it is not then convenient either to let bloud or purge, unless some great necessity requires it: yet notwithstanding, if this bloud-letting be for the Phrenzie, the Apoplexie, for a continual head-ach, proceeding of the ler or bloud, or any hot burning Feaver, or other extreme pain, a man in such a cause may not stay for a chosen time, because the Patient might miscarry in the mean season; but in this aforesaid cause of extremity, bloud is not to be let in such a quantity as otherwise it would, if a chosen time might be conveniently expected.

The best time to let the Phlegmatick bloud is when the Moon is in Aries, or Sagitarius, the head and thighs excepted.

For Melancholy, the Moon being in Libra or Aquarius, the buttocks and legs excepted.

For the Cholerick, the Moon being in Cancer, Scorpio, or Pisces; the breast and feet excepted.

For the Sanguine, all be good which before is named.

In the Spring time let bloud on the right side.

In the Harvest time let bloud on the left side.

Of Bathing.

Bathings are commonly used rather for pleasure than for profit, especially where hot Houses are over-much haunted: but I intend not to speak of them otherwise than to advertise those that tender their own health, to be wary and circumspect in resorting unto them, without cause, and immediately after or with such persons as be unclean.

Know it is not good to Bath, the moon being in earthy signs, as in Taurus, Virgo, or Capricornus, the reason is, because they are of cold nature, and the nature of cold is to restrain and bind: and so the moon being in these signs, the pores of the body are closed and thus there can be no resolution of humours and superfluities, which by bathing ought to be avoided.

But in fiery signs, when the moon is in Aries, Leo, Sagittarius, then it is good time for bathing, for then the body is apt to resolution, for it is the nature of fire to open and resolve.

It is best bathing two or three days after the change, and at the full of the moon, for then the superfluities are ripe and ready to be avoided, and disposed to flow and come out, which indeed is the true use of bathing.

If any will enter the Bath for cleanness sake, let the moon be in Libra or Pisces.

Furthermore, if bathing be used for health, let the sorry grieved learn of the wise Physitian, whether his sickness hath need of mollifying or drying, for if it require mollifying, as in Phthisis, and such like, then let him bath in watry signs, having good aspect with Jupiter or Venus: But if the sickness require drying, as Paralysis, and the like, then let him bath, the moon being in fiery signs, having good aspects with Mars and the Sun.

Also before you enter into any Bath, your body must be first prepared and purged, for if you go in unprepared, peradventure you may be worse than before.

The best time of the year to Bath, is in the Spring, and in Harvest, and in the months of May and Sept.

The

The best time of the day to go into the Bath, is one hour after the Sun rising at the least, alwaies provided that you walk either an hour, or half an hour before, and have a stool either by nature or art: you must cover your head well, so long as you be in the Bath, and beware you drink not cold drink, although you be very thirsty, but forbear all things that be cold, lest when you are hot within, cold strike suddenly into some principal member, and hurt you.

The time of tarrying in the Bath, is commonly one hour, but it may be more or less, according to the nature of the Bath, or sickness of the party, at the discretion of the wise Physitian.

For Purging.

In purging these five things ought to be known.

1. The humour which offendeth
2. The best way to avoid it
3. The strength of the portion.
4. The manner of the sickness.
5. The force and nature of the medicine.

For when these things are not considered and observed, many perilous accidents may follow, and grievously hurt the body.

Good signs generally for purging, are Cancer, Scorpio, and Pisces, particularly with potions or drinks, the Moon being in Scorpio.

Purge with Electuaries, the Moon being in Cancer, purge with Pills, the Moon being in Pisces.

Take Preparatives, the Moon being in Gemini, Libra, or Aquarius.

Take Vomits, the Moon being in Aries, Cancer, or Capricornus.

Take Glisters, the Moon being in Libra, or Scorpio.

To provoke Nettings, the Moon being in Cancer, Leo, or Libra.

To stop Fluxes, Rheumes, and Laxes, the Moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue attractive, the Moon being in Aries, Leo, or Sagitarius.

Good to comfort the vertue digestive, the Moon being in Gemini, Libra, or Aquarius.

Good

Good to comfort the vertue retentive, the Moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue expulsive, the Moon being in Cancer, Scorpio, or Pisces.

For making of Unguents or Plaisters, they are best to be applied and used, when the Moon is in that member or sign which governeth that part of the body, to which it is applyable.

For Sweatings.

Sweatings as they are of two sorts, that is to say, natural and artificial, so they are used for two ends and purposes: the natural sweat, if good heed be taken in opening of the pores, will dissolve gross and thick humours, will cleanse the blood, will comfort the spirits, will put away colds, will consume raw humours, quench and quench raging Feavers, will help numness, and the Dropsie.

The Artificial sweat will cleanse scabs, put away itch, and numness in bearing, ease the stone, resolve congealed and cold humours, and melancholy blood.

But for the better performing and effectual working of these causes, the counsel of the learned Physitian is to be desired and used.

The best of meet signs to sweat in, are Aries, Leo, and Sagittarius, and that two or three days after the change, and at the full of the Moon.

And note that sweating is better to be done in the evening, than in the morning; for when the body hath nourishment within, the spirits shall not easily be drawn forth to the extreme parts.

Note further, that lean folks, and dry or feeble persons, must sweat little, for it will hurt them much: but fat folks may sweat well, and it will do them much good.

A brief Description of the four Quarters of this present year of our Lord God, 1667.

Of Winter.

WInter which is the chiefest foe to the Spring, (the disgrace of Summer, and the deep devourer of the fruitfull Harvest) began to take his effects according to our usual computation, on the 11th. of December, in the year afore-going, at the entrance of the Sun into the first minute of the sign Capricornus, at which time the Sun shall be at his greatest south declination, from the Equinoctial line, so that he riseth south-East, and setteth south-West.

Now is the Hyemal or Winter solstice, for the Sun is so far removed from our Zenith or vertical point, that he cannot decline any further, and standeth at a stay, and then is the shortest day and longest night in the year, and so this quarter doth continue untill the 10th. of March next following.

This season is by nature cold and moist, unpleasant for the most part to Travellers, either by Sea or Land, and unto aged persons it is very combrous and noysome, causing superfluities of rawness, and abundance of cold moistness to overflow their bodies to their great troubles and disquietness.

Sundry sorts of sicknesses and diseases are likely to trouble mens bodies this quarter, as cold Rhumes, Coughs, Palsies, Poses, Gouts, Cramps, Contusions, Vertigoes, Epilepsies, Apoplexies, Cholicks, Hoarsness, Flux, Windiness, pain in the Teeth, noise in the Ears, Obstructions and Feavers.

Thus will the Stars if God assent,
Whose power alone can all prevent.

Of the Spring.

The Sun (which is the eye of the World, the fountain of light, and the chief moderator of all the rest of the lights) hath like a Gyant run his race, and finished his revolution (Gradatim) throughout the 12 signs, and now this 10th. of March beginneth his journey afresh again, and goeth an even course, and so becomes an indifferent Arbiter, between the day and night, and keeps an equality throughout his whole government, to the great joy and comfort of all his revived subjects, clearing with his splendent countenance, the poor weather worn weeds of our dark star of mortality (where the darkened countenance of Winters extremity had almost subdued) with his excellent presence, whereat the earth begins to smile, and to put on her new apparel, the flourishing livery of fresh Flora.

This season is by nature hot and moist, the most temperate time of the year, and the least breeder of sicknesses that doth procure death; and a very convenient time for the removing of sicknesses and griefs gotten before, and also to avoid and prevent those that are to come: for now the dull senses and spirit of man and other creatures are quickned and revived, and therefore the humours which do abound and are readiest to work nature, are fit to be emptied and avoided, whether by bleeding, letting, purging, or otherwise, as the learned Physitian shall advise, and as the cause of the disease shall require: such therefore as be diseased, let them be prudent this time.

The bodily diseases and sicknesses subject to us this spring, are tertian Feavers, Jaundice, Impostumes, Swellings, Squinancies, Boyls, Red Pushes, Tetters, Morphews, Ring-worms, Measels, small Pox, Obstructions, bleeding at the Nose, spotted Feavers, and such dangerous infirmities that are likely to arise from the corruption of the blood.

Infections from the Stars may fall,
But one above doth stay them all.

Of Summer.

SUmmer the third part of our vulgar year, according to our usual computation? Now when the Sun hath fully determined the Spring, with his last Grade of Gemini, and moved in his motion, to the highest point of his course, namely to the first entrance of Cancer, which shall be this year the 11 th. of June. Now is the second solstice of the year, called the Estimate in Summer solstice? for even as the Sun, when he entreth Capricornus, hath his greatest South declination, from the Equinoctial: So now at his [illegible] to the beginning of Cancer, he hath his greatest declination towards the North from the said Equinoctial line: and even as at that time of the Winter solstice he was so far removed from our vertical point, [illegible] could move no farther towards the South, and [illegible] therefore to approach again towards our North latitude, at which time he seemeth to stand: So now [illegible] come so near our Zenith that he cannot remove no farther towards the North, and is therefore to [illegible] again to the South Latitude. At the first going from us he seemeth also to stand, insomuch that even as before at his return toward us again, he made [illegible] the shortest day and longest night in the year: [illegible] now at his return from us, he maketh with us [illegible] trariwise, the longest day and shortest night [illegible] the year? afterwards declineth more and more from us, like as before he moved more and more [illegible] us.

This season according to his proper nature, [illegible] and dry, turning the humours of mens bodies [illegible] hotness and dryness, resembling the element of [illegible] and complexion of Choler, bringing all [illegible] their ripeness, cattel to their fatness, and men to their wealth.

The sicknesses and infirmities most likely to [illegible] and rage over us this quarter are, according to the Judgement of Hippocrates, and divers [illegible] learned Writers of Physick, are hot burning Feavers,

Phen-

Phrenzies, Pluriſies, Inflamations, violent and pe-
ſtilent Feavers, Impoſthumes and Ulcerations in the
lungs and bladder, heat in the reins, the Gonorhea,
the Strangury, and ſuch like diſeaſes, as may proceed
of Choler.

Though ſtars incline to work us ill,
All ſhall be as the Maker will.

Of Autumn.

Autumn, according to our accuſtomed computation,
the laſt quarter of the year, beginneth at the Suns
departure from the laſt ſcruple of Virgo, into the firſt
entrance of the ſecond Equinoctial ſign Libra, the
which will be this year on the 13 ch. day of Septem-
ber, the day and night being of an equal length, as
in the Spring: at which time is the Autumnal Equi-
noctial, for even at the Suns entrance into Aries, the
day increaſing from the Winter ſolſtice, till then came
to be equal with the night, going on ſtill more and
more till the Summer ſolſtice, which was the longeſt
day and ſhorteſt night: ſo now the night by entrea-
ſing from the Eſtival ſolſtice, to the Suns ingredience
into Libra, hath got to be equal with the day, and
will increaſe more and more, till the Brumal ſolſtice
come again, when the night is longeſt, and the day
ſhorteſt.

This time of the year, is of it ſelf unconſtant and
variable, warm in the day time, and cold in the night.
This quarter, becauſe of the inequality of tempera-
tures, may as Hippocrates ſaith, be called the Mother
or nurſe of deadly ſickneſſes.

And alſo Galen ſaith, that this time of the year is ve-
ry dangerous for taking ſickneſſes.

The grievous diſtemperatures and ſickneſſes which
generally attend this time of the year, are many:
Certain and unconſtant Feavers, Vertigoes, Apo-
pleſies, Epilepſies or Falling-ſickneſſes, Lethargies,
Hemeroides, Fiſtulaes, Fluxes, Teneſmus, Dylen-
teria, pains in the Back and Reins, the Stone,
ſuppreſ-

suppression and stopping of the Urine, Gouts, Joynt-achs, Sciaticaes, Palsies, Convulsions, Cramps, Consumptions, and innacious madness, destractions with melantholy, pain in the sides, windiness, obstructions of the spleen, & such like diseases as arises thereof.

Thus every Planet in his kind,
Is to perform the Almighties mind.

A Declaration of the inclination and disposition of the winds and weather, according to the several motions, configurations and influences of the erratical and fixed Stars, with the day, hour and minute of the change of the *Moon*, her full, and Quarters; and also the rising and setting of the Sun in every seventh day of every month of this present year of our Lord God, 1666.

January.

Day.	The sun riseth.	The sun setteth.
1.	hour 8. and 3. min.	hour 3. and 57. min.
7.	hour 7. and 56. min.	hour 4. and 4. min.
14.	hour 7. and 46. min.	hour 4. and 14. min.
21.	hour 7. and 34. min.	hour 4. and 26 min.
28.	hour 7. and 23. min.	hour 4. and 37. min.

Last Quarter the 7. day, at nine of the clock in the Forenoon, windy or frosty.

New Moon the 14. day, at 7. of the clock in the Morning, winterly weather.

First Quarter the 22. day, at 4. of the clock in the Morning, windy and apt to moysture.

Full Moon the 29. day, at 10 of the clock in the Evening, frosty and cold.

Januaries Abstract.

In this month let not bloud, neither use but little physick, except great necessity constrain ther, and beware of taking cold, for this month Rhumes and Flegme do much increase: to fast long is hurtfull, but to drink white wine fasting, is good and wholsome, use meats that

that are naturally hot moderately, and wear warm cloaths.

In worldly busines, this month you may set all kind of common fruit trees, plants, as pears, plumbs, filbert, walnut, and such like, hawthorn, and all sorts of quick-sets, or plants, are fittest to be generall set, form the change to the first quarter.

Take away mols & superfluous branches from your Trees, and this month is good to set beans, pease, parsnips, leeks, radish, garlick, turnips, and onions, if the weather prove mild, and the moon past the full, so as the moon be increasing in her light.

Good husbands also this month crop Trees, fell timber, and geld cattel, such as are to be gelded, the state of the moon alwayes considered.

Of February

day.	The Sun riseth.	The Sun setteth.
1	hour 7. and 3. min.	hour 4. and 47. min.
7	hour 7. and 4. min.	hour 4. and 56. min.
14	hour 6. and 50. min.	hour 5. and 10. min.
21	hour 6. and 34. min.	hour 5. and 26. min.
28	hour 6. and 22. min.	hour 5. and 38. min.

Last quarter the 5. day about 5. of the clock at night, cloudy and unconstant.

New moon the 12. day at 10. of the clock at night, frosty and cold.

First quarter 21. day about one of the clock in the morning, fitting the season.

Full moon the 28. day at 10. of the clock in the morning, some rain or snow.

Februaries abstract.

IN this month all slimy fish, milk and rice, and such like, that do opplate and stop the liver and veins, or thickn the blood, are to be eschewed as enemies to health, and also yet forbear physick, and letting of blood, except necessity do urge, and learned counsel do advise you: beware now of taking cold, for now agues apt to be taken, and it is very ill to take heats and afterwards sudden cold upon them.

Now is the most apt time to graft or plant, and to set all kind of trees and bulbes, the wind and weather, and age of the moon considered, pease, beans, hastings, onyons, parsnips, and such like, as in January: may very fitly be set in the wane of the moon.

The time is now to trim up gardens, to set and sow all kinde of kitchin hearbs, to set slips, sowe kernels, mustard seeds, oats, set hops, curvines, and proyn them, stick up your roundeival Peasa and Hastings.

Of March.

Day.	The Sun riseth.	The Sun setteth.
1	hour 6. and 20. min.	hour 5. and 40. min.
7	hour 6. and 8. min.	hour 5. and 52. min.
14	hour 5. and 54. min	hour 6. and 56. min.
21	hour 5. and 16. min.	hour 6. and 41. min.
28	hour 5. and 22. min.	hour 6. and 38. min

Last quarter the 7. day about 2. of the clock in the morning, answerable to the season.

New moon the 14. day at 2. of the clock in the afternoon, reasonable temperate.

First quarter the 22. day at 7. of the clock in the evening, stormy and unconstant.

Full moon the 29. day at 7. of the clock in the afternoon, winterly weather.

Marches Abstract.

In this moneth the humours of mans body begin to increase, and now gross feeding breedeth gross blood and humours, and therefore use meats of good digestion, and such as breed good juyce: it is a good time to purge and clarifie the blood by potions, bathing and blood-letting, or such otherways as the learned Physician shall appoint, and as the cause of the disease shall require: Also this moneth sweet meats and drinks are commendable.

The time of grafting as yet endureth, together with setting, sowing, ploynyng, plashing of Vines, and hops, willow, oats, pease, onyons, parsnips, and such like.

Of April.

Day.	The Sun riseth.	The Sun setteth.
1	hour 5 and 18 min	hour 6 and 42 min
7.	hour 5 and 6 min	hour 6 and 56 min
14	hour 4 and 54 min	hour 7 and 6 min
21	hour 4 and 39 min	hour 7 and 21 min
28	hour 4 and 29 min	hour 7 and 11 min

Last

Last quarter the 5 day at 10 of the clock in the morn, snow or rain.

New moon the 13 day at 7 of the clock in the morning, fair and temperate.

First quarter the 21 day at 9 of the clock in the morning, apt for the season.

Full moon the 28 day at 3 of the clock in the morning, somewhat cloudy.

April's Abstract.

In this moneth of April the pores of mans body are opened & apt to receive physick, & they that refuse the same, I commit them to the benefit of nature, for all times in the year, this is the best time to prevent diseases of sickness, or for speedy remedy in extremities, for now nature doth renew strength through all the body: so where sickness happeneth, the soon unburtheneth by means of Physick. Wherefore what it cannot do now, will hardly be done hereafter. Therefore take time while time is, &c.

As yet you may graft and proyne Vines, and also set melons, citrons, cowcumbers, artichoaks, and pole-hops, sowe barley, Tanners apply themselves in barking of trees.

Of May.

Day.	The Sun riseth,	The sun setteth.
1	hour 4 and 23 min	hour 7 and 37 min
7	hour 4 and 15 min	hour 7 and 45 min
14	hour 4 and 5 min	hour 7 and 55 min
21	hour 3 and 56 min	hour 8 and 4 min
28	hour 3 and 50 min	hour 8 and 10 min

Last quarter the 4 day at nine of the clock in the morning, suitable to the season.

New moon the 12 day at 11 of the clock in the evening, moist weather.

First quarter the 20 day at 7 of the clock in the evening, fair and pleasant

Full moon the 27 day at 10 of the clock morning, setting the season.

Mays Abstract.

In this moneth rise early, for May doth not love any sluggards, and let such as be in health and able in the fields, and eat and drink betimes, for it is good and wholesome, abstain from all meats that be of a

hot nature, and if they be sick, it is a very good time of the year to let blood, or to take physick: such as be whole, God keep them in health, and such as be sick, God send them good Physicians and Physick.

The time is now fitting to sow basil, marjerom and such fine seeds as before might not be sown, because of the coldness of the weather: Set Sage according to the proverb, set sage in May, and it will last always, sow flax and hemp, set artichoaks, weed your hops and gardens, see to your grafts, that no superfluous branches trouble them, May dew, rosemary flowers, and bean flowers, may at your pleasure be distilled this month, and now also have a care of watching your Bees.

Of Iune.

Day	The Sun riseth,	The Sun setteth
1	hour 3 and 49 min	hour 8 and 11 min
7	hour 3 and 47 min	hour 8 and 14 min
14	hour 3 and 46 min	hour 8 and 13 min
21	hour 3 and 49 min	hour 8 and 11 min
28	hour 3 and 52 min	hour 8 and 8 min

Last quarter the 3 day at 10 of the clock morning, pleasant weather.

New moon the 11 day at one of the clock afternoon, overcasting clouds for rain.

First quarter the 19 day at 2 of the clock in the morning, wet and inconstant.

Full moon the 26 day at 6 of the clock in the evening, fair weather.

Iunes Abstract.

In this moneth, if thou must needs use physick, take it early in the morning, that it may have wrought before the heat of the day, and use a light and thin diet, for the stomack is not able to digest as in winter, or in some of the former moneths, and it is very good and convenient for some to drink clarified whey boiled with cold hearbs, and to abstain from violent exercise.

Distilling of roses, making of syrups & conserves, are now in prime, now gather such herbs as you mean to keep all the year, but be sure you dry them in the shade, good husbands and housewives are now weed-

ing

their corn and gardens, and others shearing their sheep, the time serves to set rosemary and gilly flowers, see heed of cutting hedge, or trees or herbs with knife, but rather gather them with your fingers; now you may set saffron, carry out compast, make hay, rid gardens of snails, ants, or pismires:

Of July.

Day	The Sun riseth,	The Sun setteth:
	hour 3 and 54 min	hour 8 and 6 min
	hour 3 and 59 min	hour 8 and 1 min
4	hour 4 and 7 min	hour 7 and 53 min
	hour 4 and 29 min	hour 7 and 40 min
	hour 4 and 39 min	hour 7 and 30 min

Last quarter the 3 day at one of the clock in the morning, apt for the timber

New moon the 11 day at 3 of the clock in the morning, hot and pleasant weather:

First quarter the 18 day at 8 of the clock morning, fair weather:

Full moon the 25 day at 3 of the clock in the morning, some rain.

Julies Abstract.

In this moneth use cold herbs and meats, abstain from physick, & now the rivers are more wholesom then the baths, let the sun be set before you walk abroad in the time of any pestilence or plague, keep your chamber windows shut, opening them when the sun hath force in shining, and be sure to perfume your chambers every morning with tar upon a chafing-dish of coals, then which nothing is better, and use Cardinus Benedictus boiled and drunk fasting:

May harvest now calls slack husbands to work, and such as have leasure, it is good to fallow for wheat, and to carry out soyl, and to gather seeds and flowers to keep all the year, and to dry them in the shade till they be almost dry, and then set them a while in the sun, and in like manner you may use your herbs:

Of August.

Day	The Sun riseth,	The Sun setteth:
	hour 4 and 36 min	hour 7 and 24 min
	hour 4 and 48 min	hour 7 and 12 min
4	hour 5 and 0 min	hour 7 and 0 min:
	hour 5 and 16 min	hour 6 and 44 min
	hour 5 and 27 min	hour 6 and 33 min

Last

Last quarter the 1 day at 6 of the clock in the afternoon, fair weather:

New moon the 9 day at 3 of the clock in the afternoon, some hot cloudy:

First quarter the 16 day at 2 of the clock in the afternoon, some heat drops:

Full moon the 23 day at 1 of the clock in the afternoon, fair try weather:

Last quarter 31 day at noon, hollow windes:

August Abstract.

In August, moderate dyet is good physick, for now it is dangerous to surfeit, and take heed of heats either of colds, for nothing sooner ingendreth Dissentries, and use not to sleep much, especially in the afternoon, for making oppilations, and for avoiding of Agues, and head-ache, and Catharrs, and now let a man abstain from Physick, except necessity do compel:

Now Lady Ceres looks to have men enough to attend her, they that would have good seeds for their gardens the next year, must now gather of their own, for in buying they lose their labour and their money, and such as desire to have lettice or other herbs for winter, may sow seeds in the increase of the moon:

Of September

Day	The Sun riseth	The Sun setteth:
1	hour 5 and 34 min	hour 6 and 26 min
7	hour 5 and 46 min	hour 6 and 14 min
14	hour 6 and 2 min	hour 5 and 58 min
21	hour 6 and 14 min	hour 5 and 46 min
28	hour 6 and 28 min	hour 5 and 32 min

New moon the 8 day at 2 of the clock in the morning, inclined to moysture:

First quarter the 14 day at 8 of the clock in the afternoon, temperate and seasonable:

Full moon the 23 day at 3 of the clock in the morning, apt for the time:

Last quarter the 30 day at 7 of the clock in the morning, somewhat cloudy:

Septembers Abstract.

In this moneth such as have need, may safely take physick, also may bath and bleed, in this moneth all things are in their proper nature and vertue, and such fruits as are ripe and not infected, are good to eat for such as have good stomachs: Tyme is good to make con-

interve of barberries and quinces, winter herbs may now be sown, likewise is the time to set artichoaks, pale trees, apple trees, wardens, strawberries, violets, gillyflowers: Apples are to be gathered in, the full of the moon, sow parsnips, and in dry weather gather your hops: good husbandry is sowing rye and wheat, good huswifry is making of verjuice, & plucking hemp.

Of October.

Day	The Sun riseth.	The Sun setteth.
1	hour 6 and 34 min	hour 5 and 26 min
7	hour 6 and 46 min	hour 5 and 14 min
14	hour 7 and 0 min	hour 5 and 0 min
21	hour 7 and 15 min	hour 4 and 45 min
28	hour 7 and 26 min	hour 4 and 34 min.

New moon the 7 day at 12 of the clock at noon, windy and inconstant.

First quarter the 14 day at 4 of the clock in the morning, inclined to rain.

Full moon the 21 day at 8 of the clock at night.

Last quarter the 29 day at 12 of the clock at night, temperate and fair.

October Admonitions.

In this moneth thou mayest take physick, & also bath, if occasion serve, use hot meats and drinks, and use good wholesome wines to nourish good blood. & beware of taking cold, because the quartain Ague will be apt to be taken, and such other dangerous and ill diseases: Remove young trees, as apples, pears, plumbs, quinces, roses, and set peale, parsnips, &c: good husbands must not be hasted to sowing of wheat, set nuts, acrons, and filberds, and doing of such good husbandry.

Of November.

Day	The Sun riseth.	The Sun setteth
1	hour 7 and 33 min	hour 4 and 27 min
7	hour 7 and 42 min	hour 4 and 18 min
14	hour 7 and 52 min	hour 4 and 8 min
21	hour 8 and 3 min	hour 3 and 57 min
28	hour 8 and 9 min	hour 3 and 51 min

New moon the 5 day at one of the clock at night, inverable to the season:

First quarter the 12 day at 2 of the clock in the afternoon, rainy weather:

Full moon the 20 day at 3 of the clock in the afternoon, reasonable fair:

Last quarter the 28 day at 8 afternoon, temperate and fair:

No-

Novembers Abstract:

In November finish the Physick you urean to take and so rest till March, except some great necessity do constrain you; use good meat and wholesom wine to nourish the blood, provide thee warm clothing, and be dry of thy feet, or else be sure to be troubled with rheume and cold, besides some other inconveniences that will arise: Beware of the Hot-house this month.

In the new of the moon you may remove yong trees as in the last moneth, and so cr[illegible] tree stocks to graft on when you please, it is good [illegible] in the wane of the moon to set pease and beans, [illegible] if the weather be not hard, it is good sowing of parsnips, good making of malt, and kilsing of Beeves or Swine:

Of December,

Day.	The sun riseth.	The sun setteth.
1.	hour 8. and 12. min.	hour 3. and 18. min.
7.	hour 8. and 14. min.	hour 3. and 46. min.
14.	hour 8. and 15. min.	hour 4. and 45. min.
21.	hour 8. and 12. min.	hour 3. and 48. min.
28.	hour 8. and 7. min.	hour 2. and 53. min.

New Moon the 5. day, at 9. of the clock in the Morning, cloudy and cold.

First Quarter the 12. day, at 6. of the clock in the Morning, frosty and windy.

Full Moon the 20. day, at 10 of the clock in the morning, frosty.

Last Quarter the 28. day, at 4 of the clock in the Morning, some snow or rain.

Decembers Abstract:

In this month of December keep the body and head from cold, and eat such meats as be of a hot quality, abstain from physick, and let thy kitchin be thy Apothecary, warm clothing thy nurse, merry company thy keeper, and good hospitality exercise:

Remove trees and bushes, if the weather prove not too extream, in the wane of the moon; set beans, pease, and those herbs that cannot endure the cold, cover them with straw from the frost and snow:

Soli sapienti Deo sola Gloria,

FINIS,

There is in the Press, and will be shortly published Annual Observations of the Variation of the Compass here at London, by John Sellers Compass-maker, and will be sold by John Winkfield Bookseller at Crutched-Fryars: